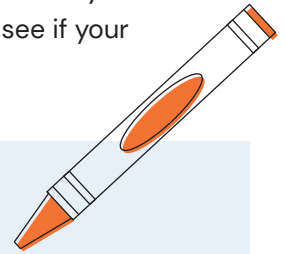


You can save energy at home, too!

This year, by participating in School Uplift, a program from TVA EnergyRight® and our local power company, we're learning about all the different ways we can save money by conserving energy at school. But why stop there?

You can also make a difference at home. Use the Home Power Down Checklist below to identify actions you can take to keep your energy costs low. Check them off along the way and see if your household can try them all!

Home Power Down Checklist



- Turn off and unplug devices when they are not in use**, such as TVs, cable TV boxes, computers, cell phone chargers and video game consoles.
- Wash full loads of clothes on cold and dry on low**, which will not only keep your energy bill down but will also keep your clothes looking newer, longer!
- Open the blinds when it's cooler outside and close them when the weather is warmer.** This will help make the most out of your home's heating and cooling systems.
- Set your thermostat's temperature as low as comfortably possible in cool seasons.** Keeping the difference between the indoor and outdoor temperatures small will help keep your electricity bill lower.
- Close your home's interior doors** to trap any heat that's already inside. This simple step can decrease the amount of heat needed to make your home feel warm and cozy.
- Set your water heater's temperature to a maximum of 120 degrees Fahrenheit.**
- Make sure air vents are clean and aren't blocked by furniture or carpets.**

Find more ways to save energy at home and in your community at [EnergyRight.com/residential/education-advice](https://www.energyright.com/residential/education-advice).